

CURRICULAM VITAE

NAME : Dr. (Mrs) Shilpa A. Paranjape
DATE OF BIRTH : 26th August, 1970
NATIONALITY : Indian
PRESENT ADDRESS : 202, Vighnaharta Enclave, Plot No. I-5,
Laxminagar, Nagpur, India -440022,
PRESENT PHONE NO. : Mobile No. 9890445496
**EDUCATIONAL
QUALIFICATIONS** :

<i>DEGREE</i>	<i>YEAR</i>	<i>UNIVERSITY</i>
M.B.B.S	April 1994	M.S.U. Vadodara
M.D. (Internal Medicine)	June 1997	M.S.U. Vadodara

PRESENT POST HELD : Chief Medical Officer
NEERI Hospital.
National Environmental Engineering
Research Institute, Nagpur - 440020.

EXPERIENCE :

- I. S.S.G. Hospital, Vadodara:** **Duration**
- House job medical ward 1 year
 - Registrarship in I.C.U, I.C.C.U
Nephrology & Neurology units 1 year
 - Registrarship in Medical ward 1 year
 - Senior registrar in Medical
ward 6 months
 - Running Pulmonary function
Laboratory & Treadmill Test 6 months

II. Orange City Hospital and Research Institute – Nagpur.

Duration of job – 6 months

- Intensivist in Medical I.C.U.
- Assistant Physician in Medicine Dept.

III. Avanti Institute of Cardiology – Nagpur.

Duration of job – 2 years

- I.C.C.U. In-charge
- Consulting Diabetologist

- Special procedures – Treadmill Test, Holter monitoring, Head up Tilt testing for syncope.
- Attained expertise in
 - Central line Cannulisation
 - Pericardial & Pleural fluid aspiration
 - Temporary Pacing
 - Endotracheal Intubation and Management of patient on mechanical ventilator.
- Consulting Physician for other medical problems.
- Teaching sessions of junior Doctors and Hospital staff.
- THE CREATE STUDY – An international collaborative of Canadian Cardiovascular Collaboration. Indian Cardiovascular Collaboration. and Chinese Cardiac Society. – A Co-Investigator for 1 year.

IV NEERI Hospital, Nagpur.

Post held: Chief Medical Officer

Duration of Job : 17 years

- Special interest in Hypertension.
- Treatment of all patients from paediatric to geriatric age group
- Treatment of patients from class IV to class I, Scientist level.
- Treatment of minor gynaecologist, dermatological, ophthalmological, ENT diseases.
- Minor surgical procedures like suturing of wounds I & D of abscesses.
- Administrative work related to hospital.

V Meenakshi Mission Hospital & Research Centre, Madurai.

Post held: Consultant Physician

Duration of job: 1 year.

- Tertiary care treatment to all patients.
- Bronchoscopy
- Medical ICU management
- Health check – up programs
- Worked in special ward for AIDS patients.

ACADEMIC PURSUITS

- Underwent training program held by **Harvard University** on Metabolic syndrome.
- Completed Training program on – 2D Echocardiography and Colour Doppler Examination from **Dr. Lotlikar's Echocardiography training centre, Mumbai.**

- Worked as an observer in Echocardiography centre of **Asian Heart Institute**, Mumbai.
- Completed and passed e-course on Type -2 D.M. Accredited by **Royal College of Physicians, U.K.**, through a distance based learning program.
- Underwent 1 year Certificate Course in Diabetology by **M.V.Hospital for Diabetes ,Chennai**.
- Completed Diploma Course on Acid Peptic Diseases and Irritable Bowel Syndrome from **Boston University**

TECHNICAL ASSISTANCE FOR NEERI'S PROJECTS

1. Health check up at ST Workshop, Nagpur, in connection to CSIR network project—Toxicogenomics and biomarkers in relation to manganese and PAH—2007
2. Health check up of NMC employees for project titled- Developing Preventive Measures to Minimise Public Health Hazards –2008
3. Health check up of employees at Maruti Udyog, as a part of project— Toxicogenomics, Proteonomics and bioinformatics based biomarker identification in exposed population-2009
4. Health check up of individuals under the project – Health Impact of Pig Iron Plant at Amona, Bicholim, Goa- 2008
5. Health check up and clinical assessment of patients after a fire incident at Incinerator Plant, Valsad – 2009
- 6 .Health check up at GEPIL as a part of consultancy project- Performance evaluation of TSDE at GEPIL, Surat – 2010
7. Lecture given for a training session by APC Division – Health effects of Industrial Air pollution(special reference to Sponge Iron Industry)- 2010
8. Lecture given at Delhi Jal Board in association with WWT Division- 2011
 - # Overview of health hazards in sewage workers
 - # Various diseases and their impact on sewer workers
 - # Tips to sewer workers for staying healthy.
9. Team member of National Clean Air Mission

LIST OF PUBLICATIONS:

Papers presented in local Conferences:

- 1) Case presentation
A diagnostic enigma? Pulmonary Vasculitis.
(Workshop on chest diseases - Nagpur – April 1995)
- 2) Case presentation
Obesity treated with Sibutramine
(Award paper session of Academy of Medical Women in India – Nagpur- July 2002)
- 3) Pioglitazone combination therapy – Role in Management of type 2 D.M.
(Award paper session of Academy of Medical Women in India – Nagpur- 2003)
- 4) Prevalence, Treatment and control of HT in an Indian urban Institutional set up. (Annual Award paper session of Academy of Medical Sciences , Nagpur branch – February 2006)
- 5) Achieving ABC of ADA Goals, A dream or reality? : Our experience of an institutional set up. (Annual Award paper session of Academy of Medical Sciences , Nagpur branch – February 2007) – Received second prize.

Papers presented in State level Conferences:

- 1) Case Report – Cerebral Hemorrhagic venous infarct.
(17th Annual Conference of APG)
- 2) Case Report – A case of acute haemorrhagic leuconcephatitis following tetanus antioxiide with dramatic response to Intravenous Methylprednisolone
(18th Annual Conference of APG)
- 3) Clinical and Investigative profile of 40 seropositive HIV patients.
(18th Annual Conference of APG)
- 4) Study of C.I.D.P. with Diabetes Mellitus.
(18th Annual Conference of APG)
- 5) Estimating the disease burden of obesity in Middle aged office-going population – An Indian urban data. (MAPICON - 2005).
- 6) Calculating 10 Yrs Risk By Framingham Heart Risk Score In Middle Aged Office Going Population Gives Different Insight For Treatment Decisions. (MAPICON - 2005).

Papers presented in National Conferences:

- 1) Case presentation – C.I.D.P. with Diabetes Mellitus.
(5th P.G. course in clinical Diabetology - RSSDI)
- 2) Case Report- IDDM with hyperlipidemia – rare presentation of a young girl.
(Annual Conference of RSSDI – October 96)
- 3) Clinical and investigative profile of disorders of voluntary muscles. (Annual Conference of APICON - 1998)
- 4) Prognosticating factors in Non-traumatic Coma
(Annual Conference of APICON - 1998)
- 5) Prevalence, Treatment and control of HT in an Indian urban Institutional set up.
(HSICON -2005- Manipal, Karnataka) – Received best paper award.

- 6) Evidence based Management and Optimal Treatment In Health Outcome of NEERI Employees
published in Indian Journal of Endocrinology and Metabolism. 2013/Vol.17/Supplement/
(ESICON 2013, Bhopal).

Papers presented in International Conferences:

- 1) Hypertension : “Control and Complications “an Indian data
(CADCON – 2004 Lucknow – January 2004)

MEMBERSHIP OF SOCIETIES:

- 1) Indian Medical Association (Life Member)
- 2) Academy of Medical Sciences. (Life Member)
- 3) Cardiological Society of India. (Life Member)
- 4) Indian Diabetic Association. (Life Member)
- 5) Academy of Medical Women in India. (Life Member)

Dr. (Mrs.)Shilpa A. Paranjape